**What is the Problem?**

Nearly one in four adolescents experience some form of depression by the time they reach the age of eighteen. More than 75% of those children remain untreated, and most will continue to experience depressive episodes in adulthood.

How might we reach out to high school students suffering from depression in order to inform them about available resources while also educating the high school community about the severity of depression and the importance of seeking treatment?

**Our Solution:**

- **Network**
  - Create network of students that are willing to provide support to those in need.

- **Understanding**
  - Increase the understanding of depression within the community.

- **Accessibility**
  - Provide an additional, more easily accessible resource to those seeking help.

**How do we get there?**

**Required Knowledge**

- Training
- Implementation
- Management

**Time & Energy**

- Ambiguous time frame
- Not time-sensitive
- Pacing is key

**Access to Resources**

- Partnerships
- Survey Questions
- Permissions

**What does success look like?**

Individual students are trained by professionals to recognize depressive symptoms in their peers, learn how to ask counseling questions, and offer advice to those in need. Students can be on-call to help counselors.